



Camp Fire

CAMP KIRBY

Camp Fire Samish & Camp Kirby

2021 COVID-19 Handbook

Overnight Camps



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Dear Camp Kirby Families,

We are very excited to welcome campers to Camp Kirby once again this summer. After closing Camp in 2020, we closely monitored and gathered information as it came out about COVID-19. **While creating our policies for this summer, we looked at a variety of resources, including:**

- Overnight Camp Guidance from the State of Washington
- Child Care, Youth Development, and Day Camps Guidance from the Washington State Department of Health
- The American Camp Association (ACA) Field Guide for Camps
- CDC Toolkit for Summer Camps

Our number one goal is to keep Camp healthy this summer. This handbook has been designed to give you an idea of what camp will look like. If your camper has attended Camp Kirby before, it will also give you an idea of how Camp may look different than previous years. These changes have all been made to ensure the health and safety of our camp community and/or to align with state guidelines. We know that some of these policies may be challenging for our campers to understand. We ask for your help in preparing them for a Camp experience that will not look like one that they are used to, or were expecting. These are policies that must be in place for us to operate Camp this summer, but they are only temporary, for the duration of the COVID-19 Pandemic.

In this handbook you will find:

- Pre-camp requirements for both campers and staff
- What camper check-in and arrival at camp will look like
- Camp Kirby's COVID Plan
- What Camp will look like this summer, and preparing your camper

As you review this information, please reach out if you have any questions, concerns, or suggestions. Thank you again for entrusting us with your campers. We are eagerly anticipating the upcoming summer season, and can't wait to provide a safe and fun camp experience for your campers.



Kathryn "KitKat" Deshaies
Camp Kirby Camp Director

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Key Points

We have identified **two main strategies to keep Camp healthy**. First, we will be using a cohort model, and keeping campers in small groups. This way, if exposure occurs, we will be able to easily identify and isolate individuals who may be affected. Second, we will be layering non-pharmaceutical interventions (NPIs) that have been proven to be effective at reducing the spread of respiratory illnesses. Examples of these NPIs include wearing masks, social distancing, and facilitating programs outdoors.

Stay home when sick or a close contact of someone with COVID-19.

Both staff and campers are required to stay home if they feel unwell, show any signs of COVID-19, or are a close contact of a confirmed case.

Pre-Camp Requirements

Before arrival at Camp, all campers and staff will be required to a) be fully vaccinated, OR b) receive a negative COVID test no more than 3 days before camp and remain in quarantine between the test and start of camp.

Check-in and Arrival at Camp

Camper check-in will look different than other years. We will be staggering check-in times to minimize contact with families from outside of your camper's cohort. Additionally, some items will be able to be completed before your arrival at Camp (ex: depositing money into your camper's store account), visitors to Camp during check-in will be limited, and additional health screenings will take place.

Cohorts

Campers will be assigned to a traditional cabin group, just like in past years. Two cabin groups will be combined during the day to create an activity cohort. These cohorts will be used to minimize the potential spread of COVID-19. There will not be any mixing of campers from different cohorts.

Non-Pharmaceutical Interventions (NPIs)

In addition to keeping campers in cohorts, we will also be wearing masks and doing all of our programming outdoors or in open-air structures. We will also be maintaining social distancing whenever possible, frequently cleaning high-touch surfaces (door handles, sink faucets, toilets, etc), and focusing on increased hand washing and hand-sanitizing.

Masks

Facial Coverings will be required at most times for campers and staff; some exceptions include when eating, drinking, showering, sleeping, or swimming. We recommend that you send your child with one clean mask per day of camp.

Pre-Camp Requirements

Vaccines

All camp staff are eligible to receive the vaccine now, and have been encouraged to do so. We also recommend that any CITs or teen campers, who are eligible, get vaccinated before camp begins. Verification of vaccination will need to be shown at check-in.

Testing

All campers must receive a negative COVID test no more than three days prior to arrival and remain in quarantine between the test and start of camp. Per Washington state guidelines, we can not accept any campers into camp without a negative COVID test (unless they are fully vaccinated). If you are unable to find a testing site, please contact us and we can assist you. Negative test results will need to be verified at check-in.

Out-of-State Campers

Campers traveling to Camp Kirby from out of state should follow CDC travel guidance: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html>

Camper Check-in and Arrival at Camp

Staggered Check-in times

In order to maintain our cohorts and minimize interactions between families, arrival times will be staggered. If a family has more than one camper attending a session, please arrive during your younger camper's designated time. You'll be able to check all of your children in then.

Check-in arrival windows:

MuaMi Unit – 3:00-3:30PM

HiTor Unit – 3:30-4:00PM

Adventurer Unit – 4:00-4:30PM

Beachcomber/Tanika Units – 4:30-5:00PM

Limited number of visitors

We know that bringing your campers to camp is an incredibly special experience. In typical years, we love to see cars full of family rolling down the hill to get campers checked in for their session. As with many things this year, we need to make some changes to this procedure. We ask that just one adult comes to drop campers off at Camp. We know that this is a tough ask, but we are dedicated to keeping our camp community as safe as possible this summer. We hope that next year we will be able to welcome you all back again!

Health Screening

When you first arrive at Camp, the initial health screening will happen while you are still in your car, in line, at the top of the hill. Temperature checks and health screening questions will be taken for everyone in the car. Camper's vaccine record or test results will need to be seen. Your camper will still go through a traditional health check as well, once they are down in Main Camp. This health check may include a Rapid Antigen Test for COVID-19.

Store Money Deposit

In an attempt to streamline our check-in process, you will be able to deposit money into your camper's store account before you arrive at Camp. This will be done via your UltraCamp account.

Meeting Counselor

Meeting your camper's counselor will also look a little different this year. Instead of taking your camper to their cabin, you and your camper will be met by your camper's counselor in the field once you arrive. You will have a chance to chat before dropping your camper there and heading out. Once the entire group has arrived, your child's counselor will take the group to their cabin and help them get settled in.

COVID Safety Plans

Medical Staff

As we do every year, Camp Kirby will have at least one RN on site at all times while camp is in session. We also have a local pediatrician who signs off on all of our medical policies and procedures. Additionally, all staff who directly supervise children will be trained in adult and pediatric CPR & First Aid.

Daily health screenings

All campers and staff will go through a brief daily health screening including a symptom check and temperature check.

Situations requiring medical attention

See COVID-19 Response Addendum

The event of COVID-19 symptoms and/or a positive case

See COVID-19 Response Addendum

The event of an outbreak

See COVID-19 Response Addendum

Policies, Procedures, and NPIs

Hand Hygiene

We already put a focus on hand-washing, but we will do so even more this year. Hand-washing will be required after using the bathroom, before and after meals, and between activities. In addition to sinks found in bathrooms around Camp, we have also purchased multiple stand-alone handwashing sinks. Hand sanitizer will also be readily available.

Staying Outdoors and Physical Distancing

All of our camp activities will be held outdoors this year! Campers will do daily activities with their cabin group, or combined with one other group (for a group total of no more than 16 campers). Additionally, any large group activities (like Council Fire) will take place outdoors, with adequate physical distance (at least six feet) between cabin groups.

Sleeping Cabins

We will be maximizing space in sleeping cabins, and campers will sleep in a head-to-toe orientation. Campers will sleep with their heads at least 6 feet apart from other camper's heads, and cabin capacity will be based on the ability to do so. Additionally, we will have increased ventilation to sleeping cabins in whatever ways possible. EG: open doors/windows, fans to circulate air, and/or air purifiers.

Masks

Facial Coverings will be required at most times for campers and staff, some exceptions include when eating, drinking, showering, sleeping, or swimming. We recommend that you send your child with one clean face covering per day of camp.

Cohorts

Campers will be assigned to a traditional cabin group, just like in past years. This cabin group will be 6-8 campers, depending on the age of the campers. Two cabin groups will be combined during the day to create an activity cohort of no more than 16 campers. These cohorts will be used to minimize the potential spread of COVID-19. There will not be any mixing of campers from different cohorts throughout the week.

Other Interventions

- We will have increased cleaning practices, especially of high-touch areas and shared items.
- There will be no sharing of food, or personal items.
- Camp materials (scissors, hula hoops, etc) will be disinfected between uses.
- Meals will be eaten outdoors or in well-ventilated indoor spaces at 50% capacity, with at least 6 feet between each cabin group.
- Food will be served family style, and the cabin counselors will serve all food to their cabin group. No buffets or sharing of items will be allowed.
- No visitors will be allowed at Camp.

COVID-19 Response Addendum

RESPONSE FOR SUSPECTED & CONFIRMED CASES

	DAY CAMP CAMPERS	OVERNIGHT CAMPERS & ALL STAFF	CLOSE CONTACTS	OTHER CAMPERS, STAFF, & FAMILIES
<p>NON-COVID ILLNESS < 24 HOURS Individual has non-COVID symptoms, or only 1 COVID symptom that lasts for less than 24 hours with no known exposure</p>	<ul style="list-style-type: none"> • Must stay home • May return if symptoms resolve within 24 hours 	<ul style="list-style-type: none"> • Remain in health house and monitor symptoms • May return to activities if symptoms resolve within 24 hours • Parents notified 	<ul style="list-style-type: none"> • Monitor for symptoms 	
<p>NON-COVID ILLNESS > 24 HOURS Individual has non-COVID symptoms that last for 24 hours or more with no known exposure to COVID-19</p>	<ul style="list-style-type: none"> • Must stay home • May return when individual is symptom-free for 24 hours 	<ul style="list-style-type: none"> • Remain in health house and monitor symptoms • If symptoms not resolved in 24 hours, must go home* • Remain isolated until pick-up • May return if symptom-free for 24 hours 	<ul style="list-style-type: none"> • Monitor for symptoms 	

	DAY CAMP CAMPERS	OVERNIGHT CAMPERS & ALL STAFF	CLOSE CONTACTS	OTHER CAMPERS, STAFF, & FAMILIES
<p>COVID SYMPTOMS OR CONFIRMED POSITIVE Individual has symptoms of COVID-19 or has tested positive</p>	<ul style="list-style-type: none"> • Must stay home or isolate until pick-up • Trace close contacts • Rapid test at camp if possible • Contact health care provider about PCR testing • See notes below about return after illness • Public Health must be notified 	<ul style="list-style-type: none"> • Must go home* • Isolate until pick-up • Trace close contacts • Rapid test at camp if possible • See notes about return after illness • Public Health must be notified 	<ul style="list-style-type: none"> • Notified (maintain confidentiality) • Close contacts must go home • Staff without local home may stay at camp in quarantine • Follow Public Health guidelines for quarantine and testing • See notes about return after exposure 	<ul style="list-style-type: none"> • Notified (maintain confidentiality) • Provide COVID Fact Sheet
<p>EXPOSURE TO CONFIRMED POSITIVE Individual has a known exposure to someone confirmed to have COVID-19 (see definition of close contact) <i>Applies even for those who are vaccinated</i></p>	<ul style="list-style-type: none"> • Must stay home • Follow Public Health guidelines for quarantine & testing • See notes about return after exposure 	<ul style="list-style-type: none"> • Must go home* • Isolate in health house until pick-up • Follow Public Health guidelines for quarantine and testing • See notes about return after exposure 	<ul style="list-style-type: none"> • Notified if the individual tests positive (maintain confidentiality) 	<ul style="list-style-type: none"> • Notified if the individual tests positive (maintain confidentiality)

*Staff without local home may stay at camp in isolation until recovered

Close Contact Definition:

- An individual within 6 feet of a person who has been confirmed positive for COVID-19 for a combined total of 15 minutes over a 24-hour period. Close contact also occurs if someone coughs on, kisses, or shares utensils with the individual or if they come into contact with the individual's body fluids.

What to do if you are exposed to someone confirmed to have COVID-19:

- Get tested for COVID-19: Recommended testing is at least 5-7 days after exposure, or if symptoms develop.
- Quarantine: Close contacts of confirmed cases should remain away from others and watch for symptoms. At least 10 days of quarantine is recommended.
- If no symptoms develop, the individual may return to camp. A negative test is required to return to camp; the test must be a minimum of 5 days after the exposure.

Returning to camp after COVID-19:

- A person who tested positive for COVID-19 (confirmed case) may return when it has been:
 - 10 days since symptoms began
 - AND at least 24 hours fever-free (without fever-reducing medication)
 - AND symptoms have improved
 - AND a health care provider gives a written note stating that the individual may safely return
- A person who tests positive, but never developed symptoms, may return when it has been at least 10 days since they first tested positive.
- A person who had COVID-19 symptoms but who tested negative may return when it has been:
 - At least 24 hours fever-free (without fever-reducing medications)
 - AND symptoms have improved
 - AND documentation of the negative test result has been provided

Public Health - Skagit County Public Health

Confirmed or suspected cases of COVID-19 at Camp must be reported to Skagit County Public Health. Report by calling Dale Patrick at 360-416-1558.

Program Closure

Camp Kirby will close our programs if multiple positive cases arise in separate groups or cohorts, or if advised by Skagit County Public Health.